



## VALENCE PRIMARY SCHOOL

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Dear Parents in Jasper class (St. George's)

We have been informed that there has been a confirmed case (adult) of COVID-19 in Jasper class. We are continuing to monitor the situation and are working closely with the Health Protection team. **We encourage you to test your child (either a Lateral Flow, freely available from pharmacies, or a PCR) even if they do not display symptoms.** Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

**The class remains open, and your child should continue to attend as normal, if they remain well.**

### What to do if your child develops symptoms of coronavirus (COVID-19) or tests positive for COVID-19?

If your child develops symptoms of coronavirus (COVID-19), they should get a PCR test and remain at home at least until the result is known. If negative, the child can end self-isolation; if positive, the child should isolate until at least 10 days after their symptoms appeared.

[Get a free PCR test to check if you have coronavirus \(COVID-19\) - GOV.UK \(www.gov.uk\)](#) or by calling 119.

NHS Test and Trace will contact you to let you know that you have been identified as a contact and check whether you are legally required to self-isolate. If you are not legally required to self-isolate, you will be provided with advice on testing and given guidance on preventing the spread of COVID-19. Even if you do not have symptoms, [you will be advised to have a PCR test as soon as possible.](#)

### How to stop coronavirus (COVID-19) spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with coronavirus:

- get vaccinated – everyone aged 18 and over can [book COVID-19 vaccination appointments](#) now
- wash your hands with soap and water or use hand sanitiser regularly throughout the day
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards
- meet people outside and avoid crowded areas
- open doors and windows to let in fresh air if meeting people inside
- wear a face covering when it's hard to stay away from other people
- participate in twice weekly LFD testing following national guidelines (recommended for 11 years and over).

### Further Information

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Yours sincerely

Mr November  
Headteacher