



Valence Primary  
School Menu

# Valence Primary School Menu

## MONDAY

ALL DAY BREAKFAST  
(SAUSAGE (H)/  
SCRAMBLED EGG/HASH  
BROWN/BAKED BEANS)  
JACKET POTATO WITH  
CHEESE AND BEANS  
FRESH BREAD  
TINNED TOMATOES  
AND BEANS  
SALAD BAR  
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ICE CREAM  
SUMMER FRUITS AND  
YOGURT POTS  
FRESH FRUIT SALAD

## TUESDAY

PIZZA AND GARLIC  
BREAD  
PASTA BAKE  
VEGETARIAN SAUSAGE  
PLAIN PASTA  
FRESH BREAD  
CARROTS  
SALAD BAR  
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PINEAPPLE UPSIDE  
DOWN PUDDING AND  
CUSTARD  
FRUIT SPONGE  
CRACKERS, CHEESE  
AND GRAPES  
WATER OR MILK

## WEDNESDAY

ROAST TURKEY (H)  
AND GRAVY  
ROAST QUORN AND  
GRAVY/VEGETABLE  
BAKE  
JACKET POTATO AND  
CHILLI  
HOMEMADE ROAST  
OR MASHED  
POTATOES  
FRESH BREAD  
SEASONAL  
VEGETABLES  
SALAD BAR  
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FRUIT JELLY WITH  
MANDARINS

## THURSDAY

CHICKEN TIKKA  
MASALA (H)  
VEGETABLE MASALA  
NAAN BREAD  
WHITE RICE  
ASSORTED PANINI  
FRESH BREAD  
PEAS  
SALAD BAR  
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FRUITY FLAPJACK  
FRESH FRUIT SALAD  
CRACKERS AND CHEESE

## FRIDAY

FISH  
ASSORTED ROLLS  
CHIPS  
BEANS  
FRESH BREAD  
SALAD BAR  
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CARROT CAKE  
FRESH FRUIT SALAD  
YOGURT  
RAISINS

VEGETARIAN  
AND HALAL (H)  
OPTION  
MILK/WATER  
AVAILABLE EVERY  
DAY

WEEK 1



# Valence Primary School Menu

## MONDAY

BEEF LASAGNE (H)  
 VEGETARIAN LASAGNE  
 JACKET POTATO AND CHEESE  
 FRESH BREAD  
 GARLIC BREAD  
 PEAS  
 SALAD BAR

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APPLE, CINNAMON AND RAISIN CRUMBLE  
 FRESH FRUIT SALAD  
 YOGURT  
 RAISINS

## TUESDAY

SAUSAGE (H)  
 ASSORTED ROLLS  
 MASHED POTATO  
 FRESH BREAD  
 SPRING CABBAGE  
 SWEETCORN  
 SALAD BAR

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YOGURT AND SUMMER FRUITS  
 CRACKERS & CHEESE  
 APPLE  
 ARCTIC ROLL

## WEDNESDAY

ROAST PORK AND GRAVY  
 CHICKEN DRUMSTICKS (H)  
 VEGETABLE AND LENTIL ROAST /CHEESE FLAN  
 JACKET POTATO AND BAKED BEANS  
 HOMEMADE ROAST OR MASHED POTATOES  
 FRESH BREAD  
 SEASONAL VEGETABLES  
 SALAD BAR

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RICE PUDDING  
 FRESH FRUIT SALAD  
 YOGURT

## THURSDAY

CHICKEN PIE (H)  
 VEGETABLE RISOTTO OR  
 ROLL WITH ASSORTED FILLINGS  
 MASHED POTATO  
 FRESH BREAD  
 MIXED VEGETABLES  
 SALAD BAR

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BISCUIT  
 CRACKERS AND CHEESE  
 SATSUMA

## FRIDAY

BEEF BURGER AND BAP (H)  
 QUORN BURGER AND BAP  
 ROASTED VEGETABLE AND MOZZARELLA PANINI  
 CHIPS  
 FRESH BREAD  
 BAKED BEANS  
 COLESLAW  
 SALAD BAR

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BANANA BREAD  
 YOGURT  
 RAISINS

VEGETARIAN AND HALAL (H)  
 OPTION  
 MILK/WATER  
 AVAILABLE  
 EVERY DAY

WEEK 2

# Valence Primary School Menu

## MONDAY

BEEF BOLOGNAISE (H)  
QUORN BOLOGNAISE  
JACKET POTATO AND  
COLESLAW  
GARLIC BREAD  
SWEET CORN  
SALAD BAR

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MELTED MOMENTS  
BISCUIT  
FRESH FRUIT SALAD  
YOGURT  
RAISINS

## TUESDAY

SAUSAGE (H)  
QUORN SAUSAGE  
ASSORTED WRAPS  
MASHED POTATO  
FRESH BREAD  
PEAS  
SALAD BAR

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FRESH FRUIT SALAD  
CRACKERS  
CHEESE AND  
GRAPES

## WEDNESDAY

ROASTED CHICKEN  
DRUMSTICK (H) ,  
GRAVY  
VEGETABLE NUGGETS  
JACKET POTATO AND  
CHEESE  
HOMEMADE ROAST  
OR MASHED  
POTATOES  
FRESH BREAD  
SEASONAL  
VEGETABLES  
SALAD BAR

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FRUIT JELLY  
FRESH FRUIT SALAD

## THURSDAY

CHICKEN TIKKA  
MASALA (H)  
ASSORTED ROLLS  
WHITE RICE  
FRESH BREAD  
NAAN BREAD  
BROCOLLI  
SALAD BAR

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APPLE AND RAISIN  
MUFFIN  
CRACKERS AND  
CHEESE  
ORANGE

## FRIDAY

FISH PIECES  
ASSORTED WRAPS  
CHIPS  
FRESH BREAD  
BAKED BEANS  
SALAD BAR

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JAM TART AND  
CUSTARD  
FRESH FRUIT SALAD  
YOGURT  
RAISINS

VEGETARIAN AND  
HALAL (H)  
OPTION  
MILK/WATER  
AVAILABLE  
EVERY DAY

WEEK 3