

# Essex Outdoors: Bradwell

Residential trip from  
Weds 6th July  
to  
Friday 8th July  
2022



Bradwell is a coastal outdoor education centre based on a lovely sheltered stretch of the tidal Blackwater estuary. Bradwell is recognised as a leading provider of sailing, yachting and water sport activities. It offers a purpose-built residential unit with accommodation for young people. Other activities on offer include archery, off road cycling, and high rope climbing.

- ▶ Two-night stay
- ▶ 60 children with 6 school staff plus the Essex Outdoor instructors.
- ▶ Leave **Weds** morning approx. 9:30 am from our Bonham Site then on to the St.George site.
- ▶ Arrive for lunch at Bradwell - no need to bring any food.
- ▶ Activities throughout each day of the trip
- ▶ **£188.00** per child - can pay in instalments
- ▶ All inclusive - food, qualified instructors, transport, specialist equipment
- ▶ Depart from Bradwell approximately 1:30pm for arrival at school approximately 4pm.

# Activities

A range of activities are on offer, these may vary slightly according to weather but will include a selection of the following;

- ▶ High Ropes
- ▶ Archery
- ▶ Off road cycling
- ▶ Bridge or raft building
- ▶ Sailing
- ▶ Canoeing



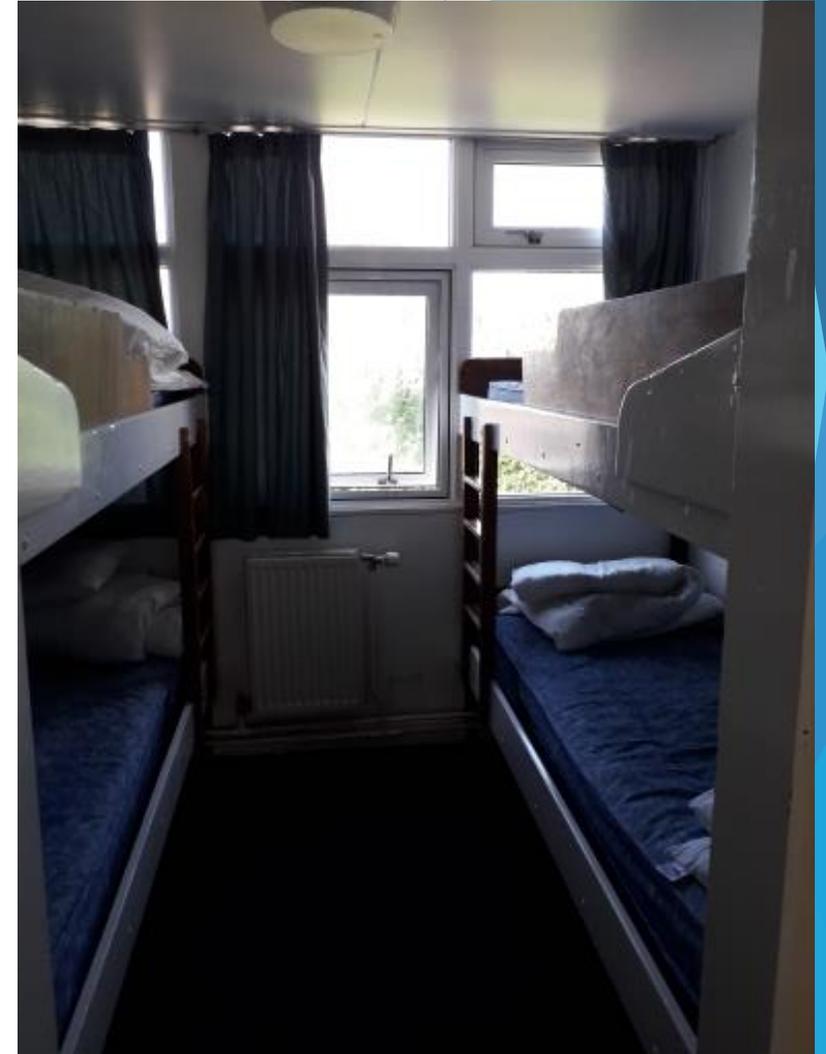
- ▶ Activity sessions usually run between 9.30-12.30 and 13.30 - 16.30
- ▶ After the evening meal there are facilities to play sports, seaside walks, watch a film or play table tennis.



# View from the Bedrooms



# Typical rooms: Bedding provided



# Canteen

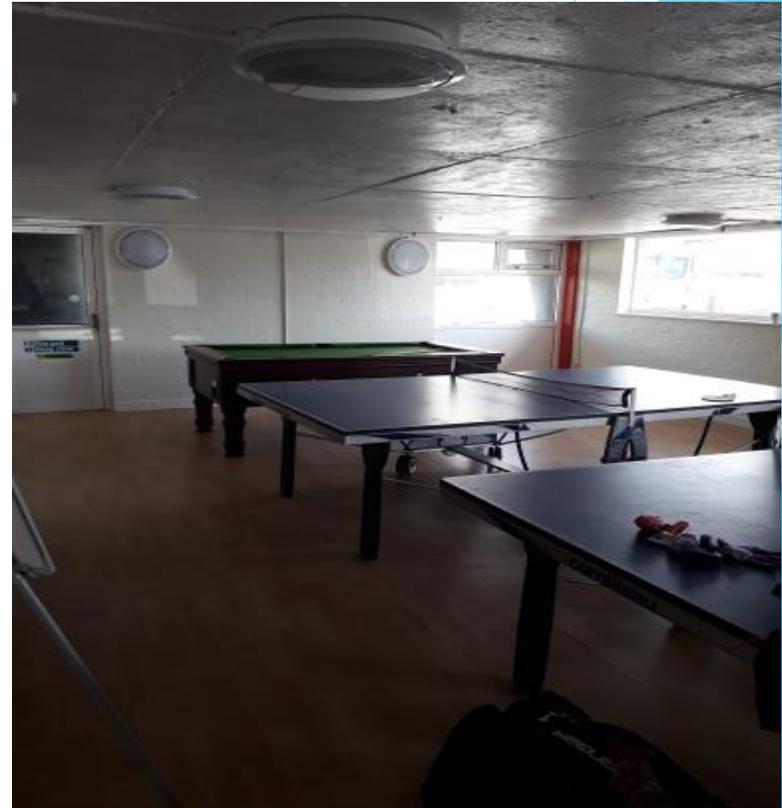


The food is nourishing, tasty and plentiful.

# The High Ropes



# Lounge and Games Room



# Accomodation & Kit

- ▶ Indoor shoes or slippers
- ▶ Pyjamas, dressing gown
- ▶ Lots of underwear
- ▶ Bin bag for taking home dirty washing
- ▶ Jumpers/fleeces/sweatshirts
- ▶ Jacket (waterproof hood if you have it)
- ▶ 2 towels (one for after shower, one for wet activities)
- ▶ Toiletries (toothbrush, toothpaste, shower gel, shampoo, hairbrush, sun cream)
- ▶ Long sleeved tops (you can wear t-shirts if you wear a jumper over the top)
- ▶ Long trousers **at least one pair waterproof**) e.g. jogging bottoms, leggings
- ▶ Suitable shoes e.g. trainers. NOT sandals. You need 2 pairs - one to keep dry, one you can get wet.
- ▶ Plastic water bottle that can be refilled daily.
- ▶ If a child wishes to take a disposable camera, they are responsible for it
  
- ▶ Note: Children will do some wet, some dry activities. They need a few changes of clothes. Old clothes are ideal. We cannot guarantee the state these clothes will come home in , so please do not send the children's 'best' clothes!



# Do not bring...

- ▶ Mobile phones
- ▶ Food or drink packed within any luggage - food is not allowed in the residential setting, it encourages mice.
- ▶ Money - there are no shops
- ▶ Electric items e.g. hairdryer, ipad
- ▶ Valuables - treasured keepsakes



# Phone contact

- ▶ The children are not allowed to take mobile phones.
- ▶ We will take the school mobile which will contain a contact mobile number for every parent.
- ▶ We will send a text out each night to let you know we are all doing fine. Please do not contact us on this mobile unless it is an emergency.
- ▶ We will send a practise text at the beginning of *May* once we have all the numbers in to check we have your number correct in the phone.

# Personal Details

- ▶ Nearer the time we will send out a Personal Details Form:
- ▶ This form is requested by Essex Outdoors.
- ▶ Please fill in as detailed as possible. Include all possible conditions, even if your child does not suffer regularly with it.
- ▶ Please include bed wetting and sleep walking.
- ▶ Please be very accurate about ability to cycle or swim independently.

# Medicines & Diet Needs

- ▶ From the information provided on the personal details form, we compile a medical register. This will include any child with any medical condition and will have the details of any medication they need.
- ▶ Please indicate dosage and how often the medicine needs to be administered.
- ▶ Any medication that needs to be taken is kept in the teachers' room and administered by the teachers.
- ▶ Children are not allowed to keep medication in their bedroom, unless it is an asthma pump.
- ▶ We will also take a record of any particular diet needs when we collect personal detail nearer the time.

# Behaviour

- ▶ Please note that exemplary behaviour is expected.
- ▶ A child that displays behaviour which leads to concern/s throughout the school year, involving parents and senior staff, will not be permitted to attend this trip (health and safety).
- ▶ Exclusion, high numbers of entries on our behaviour log necessitating a report card and other serious concerns could lead to removal from the trip.
- ▶ The deposit is non refundable.
- ▶ Please also consider how resilient your child is when away from home - not all children are ready to stay away from family.

# Travel

- ▶ We leave school at approx. 9.30 to 10:30 a.m.
- ▶ Please arrive at school as normal for the start of a school day.
- ▶ Hand any medication to the staff and leave luggage in an area designated nearer the time.
- ▶ We aim to arrive back at school by approximately 4 p.m. This is dependent on the traffic. We will send out a text on the journey home to let you know how we are getting on.

# Finally...

- ▶ Register interest at the school office - children will be bringing home a letter.
- ▶ Not first come, first served - names will be selected at random.
- ▶ 30 boys
- ▶ 30 girls
- ▶ If your child gets a place
  - a confirmation letter will be sent requesting a £20.00 **non-refundable** deposit.
- ▶ A waiting list will be kept once the booking is full.
- ▶ More details will follow much nearer the time.
- ▶ Full payment by April 2022
  
- ▶ Any questions? Please contact the office or a member of the Year 5 staff.